

Please fill out application below and mail in or bring with when arriving for your first session

Name _____

Address _____

City/State/Zip _____

Guardian Name _____

Cell Number _____

Email _____

AGE/TRAINING GROUP

Mini/Mite/Squirt

Peewee/Bantam/High School

COST/PAYMENT

\$5.00 per session

\$50 for all 12 sessions

Payable by:

- Cash
- Check payable to Brett Nylander
- Venmo: @Brett-Nylander

Mail Application and check to:

Brett Nylander
2414 Birchview Dr NW
Baudette, MN 56623

Questions?: Call or Text 218-343-8266

29 ELITE HOCKEY TRAINING



OFF-ICE HOCKEY TRAINING FOR ELITE PERFORMANCE

**Lake of the Woods
International Arena
Baudette, MN**

Training sessions will be held at the International Arena next to the High School in Baudette

SCHEDULE

Jun: 27,30

Jul: 5, 7, 13, 14, 17, 21, 25, 27

Aug: 1, 3

Mini-Mite/Mite/Squirt: 5:00pm-6:30pm

Peewee/Bantam/High School 6:30pm-8:00pm

INSTRUCTORS



Brett Nylander is a former Division I hockey player and team captain having played 150 games for Frank Serratore at Air Force. He went on to a short stint in pro hockey with the CHL's Rapid City Rush. Since moving back to Baudette, Brett has been involved in youth coaching and has a passion for teaching kids the game of hockey.



Andrea Nylander is a former collegiate volleyball player and an All-American during her time at St. Cloud State University. She has spent time as a personal athletic trainer and is heavily involved in volleyball coaching in Baudette. She has a passion for helping young athletes reach their full potential.

TRAINING SESSIONS

29Elite Hockey Training believes there is no replacement for hard work. Elite athletic skills are forged through maximum effort and repetition.

Each session will focus on one of the primary hockey skills necessary to perform at an elite level:

- Stick Handling
- Shooting
- Passing & Vision
- Athleticism, Flexibility, & speed

Training sessions will follow a general outline including:

- **Classroom:** Technique and Skill Training
- **Repetition:** Performance of the skill and live training/instruction
- **Competition:** Create a competitive spirit and push each athlete's skill improvement

The goal of 29Elite Hockey Training is to provide each athlete with the knowledge and skills to vastly change their game. To become elite.

Regardless of skill level, 29Elite Hockey Training will improve your game. The intensity level of each session will be high and each athlete will be challenged. This makes for a fun and rewarding training environment for all.



MEDICAL CONSENT

Participant Name

Insurance Company

Policy/Group Number

Emergency Contact Name

Emergency Contact Phone Number

RELEASE OF LIABILITY

I waive and release liability of 29Elite Hockey Training, LLC., instructors, and players from any liability for any type of injuries that occur from participation in any session. I authorize instructors to use their best judgement in an emergency requiring medical attention. I hereby certify that my child is medically fit to participate in this training.

Parent/Guardian Signature Date

I authorize 29Elite Hockey Training, LLC to take photos and/or videos of my child during training sessions. I understand that the photos and videos may be used in our brochure or our website in the future.

Parent/Guardian Signature Date